

**SRV Online Seminar:
Readiness, Preparation, & Follow-Through**

The Three Steady Spires for Success Along the Spiritual Path

DAY 1 Saturday, January 15, 2022 (Sunday, Jan 16 in some locations)	<u>HAWAII</u> <u>TIME:</u> HST	<u>PACIFIC</u> <u>TIME:</u> PDT	<u>EASTERN</u> <u>TIME:</u> EDT	GMT: Iceland	<u>CENTRAL</u> <u>EUROPEAN</u> CET	<u>INDIA</u> IST:
<i>Opening the shrine (Arati) and offering Swami Vivekananda Pranjalih</i>	6:30am - 7:00am	8:30am - 9:00am	11:30am - 12:00pm	4:30pm - 5:00pm	5:30pm - 7:00pm	10:00pm - 10:30pm
Class 1: Seeking Darshan with Brahman/Ishtam/Atman	7:05am - 8:30am	9:05am - 10:30am	12:05pm - 1:30pm	5:05pm - 6:30pm	6:05pm - 7:30pm	10:35pm - 12:00am
Followed by Satsang (question & answer- Q&A)	8:45am - 9:45am	10:45am - 11:45pm	1:45pm - 2:45pm	6:45pm - 7:45pm	7:45pm - 8:45pm	12:15am - 1:15am
Class 2: Constancy in Daily Practice	11:00am - 12:30pm	1:00pm - 2:30pm	4:00pm - 5:30pm	9:00pm - 10:30pm	10:00pm - 11:30am	2:30am - 4:00am
Q&A	12:45pm - 1:45pm	2:45pm - 3:45pm	5:45pm - 6:45pm	10:45pm - 11:45pm	11:45am - 12:45am	4:15am - 5:15am
Class 3: TBA with Anurag, SRV Assistant Dharma Teacher	4:30pm - 5:15pm	6:30pm - 7:15pm	9:30pm - 10:15pm	2:30am - 3:15am	3:30am - 4:15am	8:00am - 8:45am
Class 4: Assessing Individual Progress and Its Lack	5:30pm - 6:30pm	7:30pm - 8:30pm	10:30pm - 11:30am	3:30am - 4:30am	4:30am - 5:30am	9:00am - 10:00am
Day 2 Sunday, January 16, 2022 (Monday, Jan 17 in some locations)	<u>HAWAII</u> <u>TIME:</u> HST	<u>PACIFIC</u> <u>TIME:</u> PDT	<u>EASTERN</u> <u>TIME:</u> EDT	GMT: Iceland	<u>CENTRAL</u> <u>EUROPE</u> CET	<u>INDIA</u> IST:
<i>Opening the shrine (Arati) and offering the Sri Ramakrishna Chalisa</i>	6:30am - 7:00am	8:30am - 9:00am	11:30am - 12:00pm	4:30pm - 5:00pm	5:30pm - 7:00pm	10:00pm - 10:30pm
Class 1: Maintaining Spiritual Ground	7:05am - 8:30am	9:05am - 10:30am	12:05pm - 1:30pm	5:05pm - 6:30pm	6:05pm - 7:30pm	10:35pm - 12:00am
Followed by Satsang	8:45am - 9:45am	10:45am - 11:45pm	1:45pm - 2:45pm	6:45pm - 7:45pm	7:45pm - 8:45pm	12:15am - 1:15am
Class 2: Guru & the Testament of Seers & Scriptures	11:00am - 12:30pm	1:00pm - 2:30pm	4:00pm - 5:30pm	9:00pm - 10:30pm	10:00pm - 11:30am	2:30am - 4:00am
Q&A	12:45pm - 1:45pm	2:45pm - 3:45pm	5:45pm - 6:45pm	10:45pm - 11:45pm	11:45am - 12:45am	4:15am - 5:15am
Class 3: TBA with Annapurna, SRV Assistant Dharma Teacher	4:30pm - 5:15pm	6:30pm - 7:15pm	9:30pm - 10:15pm	2:30am - 3:15am	3:30am - 4:15am	8:00am - 8:45am
Class 4: Arriving & Abiding at the Source	5:30pm - 6:30pm	7:30pm - 8:30pm	10:30pm - 11:30am	3:30am - 4:30am	4:30am - 5:30am	9:00am - 10:00am